2027 Rainbow National Dance Competition — Turn/Rotation Skill Set Guidelines

Failure to comply will result in a 5 point deduction

SKILL / VARIATION	STARZ OF TOMORROW	RISING STARZ	ELITE STARZ
Pirouettes - Turns executed in passé, attitude, or other standard pirouette positions on one supporting leg			
All variations of single & double pirouettes	✓	✓	✓
All variations of 3 / triple pirouettes	✗	✓	✓
All variations of 4 / quad pirouettes	✗	✓	✓
All variations of 5 or more pirouettes	✗	✗	✓
Leg Hold Turns - Turns performed while holding the gesture leg (e.g. développé, penché, or attitude hold)			
Single leg hold turn	✓	✓	✓
Double leg hold turn	✗	✓	✓
Triple leg hold turn	✗	✓	✓
4 or more leg hold turns	✗	✗	✓
Floats - Turns performed in quantities of **two or more consecutive rotations**, with the gesture/working leg sustained in **à la seconde and/or front (devant)** while the supporting leg remains on **relevé throughout the rotations**. A Float requires a minimum of two consecutive rotations. A single rotation does not constitute a Float.			
Up to 2 rotations of floats in isolation and/or within a turn sequence	✗	✓	✓
Up to 3 rotations of floats in isolation and/or within a turn sequence	✗	✓	✓
Floats in isolation and/or within a turn sequence, no limit	✗	✗	✓
Consecutive Turn Sequences — Combinations of turn elements performed consecutively on the same supporting leg, with or without arm variations. Each rotation is counted by a completed spot (head whip to the original focal point). *Not permitted at the Starz of Tomorrow level.*			
Up to 8 consecutive rotations Including: • À la secondés and fouetté turn combinations • Up to 4 pirouettes • Up to triple leg hold turn • Up to 3 floats	✗	✓	✓
9 consecutive rotations or more Including: • À la secondés and fouetté turn combinations • 5 or more pirouettes • 4 or more leg hold turns • 4 or more floats • Box turns • Changing spots	✗	✗	✓

GENERAL RULES & DEFINITIONS

- Chainé, piqué, or an illusion are considered transitional movements, not rotation elements, and are not restricted by level.
- Pliés are transitional movements in consecutive pirouettes, but are not transitional in à la seconde or fouetté turns.
- A consecutive turn sequence is any combination of rotations in which the gesture leg stays the same. The sequence ends the moment the gesture leg or weight changes to the opposite leg. The same skill may be repeated within a turn sequence as long as the permitted consecutive limits are not exceeded.
- Ambidexterity is only permitted for Rising Starz and Elite Starz level dancers.
- Group performances that include dancers from a higher registered level must perform only the skills permitted for the performance's registered level. Performances that include skills prohibited for the registered level may be subject to a point deduction and/or be required to compete in a higher level.